600 GRAMS PER BOX




CODE DF-209 — ✻ READY MEAL

# Kolmi Shak

## কলমি শাক | سبانخ الماء بالروبيان

Tender water spinach (kolmi shak) stir-fried the Bengali way with small shrimp, garlic, onion, ginger and green chilli, a light, fresh everyday favourite. Fully cooked and frozen, so it is **ready to eat in about 5 minutes**.

- **Fully cooked** — ready to eat
- **Quick to heat** — microwave or stove
- **Keep frozen** — at −18 °C or below

### INGREDIENTS

Water spinach, onion, shrimp, soybean oil, garlic, green chilli, salt and ginger.

**Tip:** keep the lid on when heating in the microwave.

| NET WEIGHT | PACK | SHELF LIFE | CARTON (MC) |
|---|---|---|---|
| 600 g | Box, 1 meal | 24 months | 30 boxes |

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