10 PIECES INSIDE



CODE DF-204 — ❄ FROZEN SNACK

Vegetable Singara

ভেজিটেবল সিঙ্গারা | سمبوسة بالخضار

Crisp, golden pastry triangles packed with spiced potato, carrot, long beans and yellow peas, with onion, garlic, ginger and fresh coriander. Fry straight from frozen until crisp and golden. **10 pieces of 40 g in every box**.

10 pieces	Fry from frozen	Keep frozen
40 g each	5–7 min at 190 °C	at −18 °C or below

FREEZER TO PLATE IN 4 STEPS

1. Heat oil in a deep pan or karahi to 190 °C.
2. Add the singaras straight from the freezer; no thawing needed.
3. Fry for 5–7 minutes, turning, until crisp and golden.
4. Drain on kitchen paper and serve hot.

PER 100 G

246 kcal	2.8 g	48 g	10 g	320 mg
ENERGY	FAT	CARBS	PROTEIN	SODIUM

Ingredients: wheat flour, potato, soybean oil, water, carrot, long bean, onion, garlic, sugar, MSG, ginger, yellow peas, coriander leaf, salt and spices.

NET WEIGHT	PACK	SHELF LIFE	CARTON (MC)
400 g	10 × 40 g	24 months	20 boxes

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