

CODE DF-201 — ❄ FROZEN BREAD

Paratha

পরোটা | خبز البراتا

Thin, soft parathas, every one the same size and perfectly round, frozen fresh to keep their home-made taste. Cook straight from the freezer on a dry pan in about 2 minutes. **20 pieces of 80 g in a resealable zipper bag**, so the rest stay fresh in the freezer.

- **Resealable** zipper bag inside
- **Cook from frozen** about 2 minutes
- **Keep frozen** at −18 °C or below

FREEZER TO PAN IN 4 STEPS

1. Take a paratha from the freezer and peel off the plastic sheet on both sides.
2. Place it on a preheated pan and heat for about 1 minute on medium flame.
3. Turn it over and press gently with a spatula.
4. Repeat on the other side until both sides are golden brown.

PER PARATHA · 80 G

260 kcal	13 g	30 g	5 g	380 mg
ENERGY	FAT	CARBS	PROTEIN	SODIUM

Ingredients: wheat flour, margarine, water, butter oil, sugar, salt and baking powder.

NET WEIGHT	PACK	SHELF LIFE	CARTON (MC)
1600 g	20 × 80 g	24 months	8 packs

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